



ANNUAL REPORT 2016



CONTACT

MOST, o. p. s.

ID: 26672740
Tilschové 670/5
709 00 Ostrava
Czech Republic, Europe

Office branch Ostrava: Poděbradova 97, tel. +420 604 554 994

Office branch Olomouc: Wurmova 7, tel. +420 736 633 600

Transparent account for the sponsorship projects: 2200249897/2010

Transparent account for the public collections: 2800064052/2010

info@protibet.cz

www.shop.protibet.cz

www.protibet.cz

Photograph on the front page: Richard Slaba

Photograph on the cover: Milan Špak

Dear friends,

The end of a year is usually an opportunity to realise and evaluate how we used the time given to move forward. For us, the 2016 was very unique due to several events that happened in the Czech Republic and in India.

During the 15th year of our Festival ProTibet, we welcomed Mr Thubten Wangchen, the member of the Central Tibetan Administration. He was pleased to see that Czech citizens show the solidarity with Tibet not only on the occasion of hanging the Tibetan flag on 10th of March, but also during the visit of the Chinese president.

Usually, another important matter for us is visiting and checking all supported places in the northern India. During six weeks, our young coordinators covered around 3,000 km on dusty roads to meet personally all the people supported, "higher authorities" and partners engaged in our projects.

But the most significant milestone was exceeding CZK 20 millions (EUR 750,000) forwarded to the supported ones. We would like to point out this special moment mostly because that it is almost unbelievable how many people decided to give their time, energy, ideas and finance to support particular Tibetans on the other side of the world. All such decisions lead to providing the biggest Czech developing aid to support

the Tibetans. These are the causes of changes in lives not only of the needed, but also, as we hope, in lives of the supporters, because without their help we would not be able to do the MOST Pro Tibet.

Thank you.

Jana Neboráková
Director MOST, o. p. s.

Our projects



Sponsorship ProTibet – children



Sponsorship ProTibet – seniors



School ProTibet



Goat ProTibet



Health care



Activities in the Czech Republic



ProTibet Club



NON-GOVERNMENTAL ORGANISATION MOST

What do we do?

We support education and we focus on improvement of life conditions of Tibetan children, Tibetan seniors, Buddhist monks and nuns and also nomads. We are engaged in development cooperation in the Indian part of the Himalayas and Tibet, we support local communities and schools. In the Czech Republic, we organise informational and educational campaigns and cultural events.

Members of our team

Jana Neboráková (director), Gabriela Gazdíková, Johana Krajčířová, Tomáš Přichystal, Zuzana Hodačová / Iva Neboráková

Members of the board

Petr Ďásek, Nela Boudová, Kateřina Bursíková-Jacques, Radim Chytka, Johana Krajčířová, Michal Majer

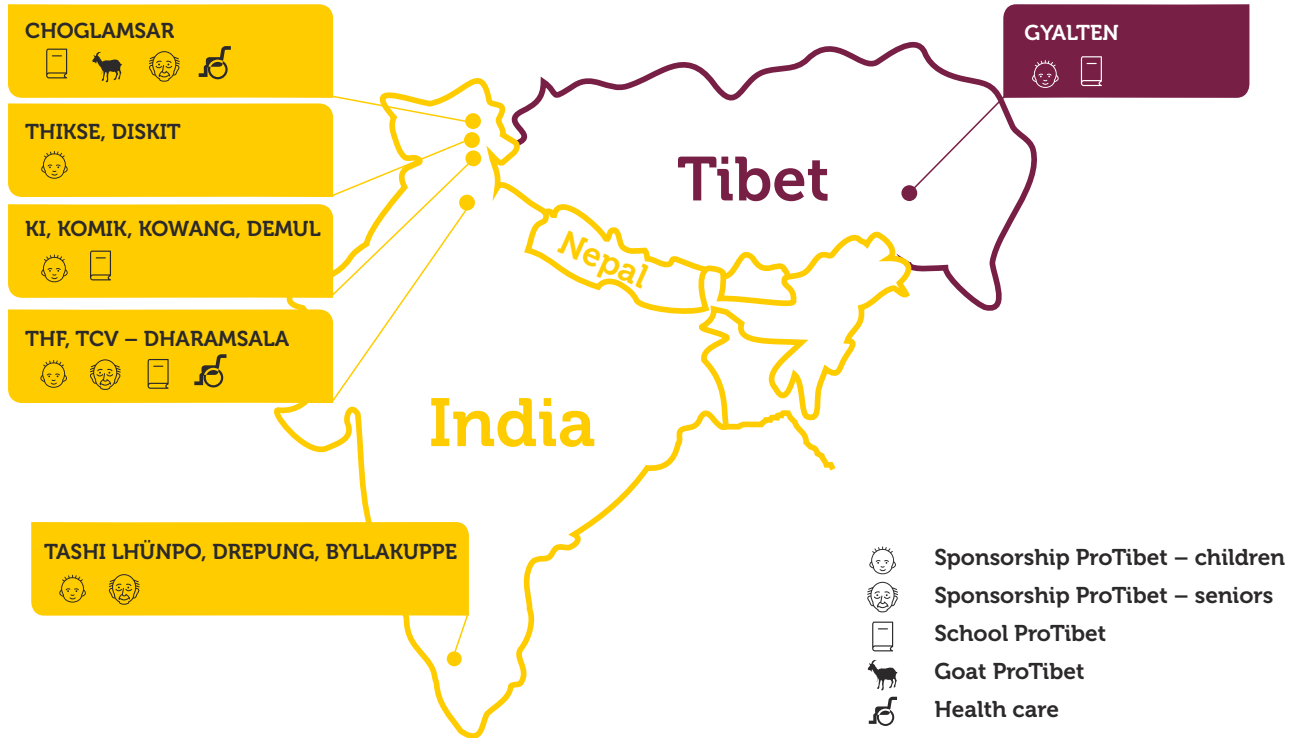
Foreign experts, partners and institutions

Pema Samdup, Tenzin Dhondup, Karma Khedup, Damdul Topden, Central Tibetan Administration



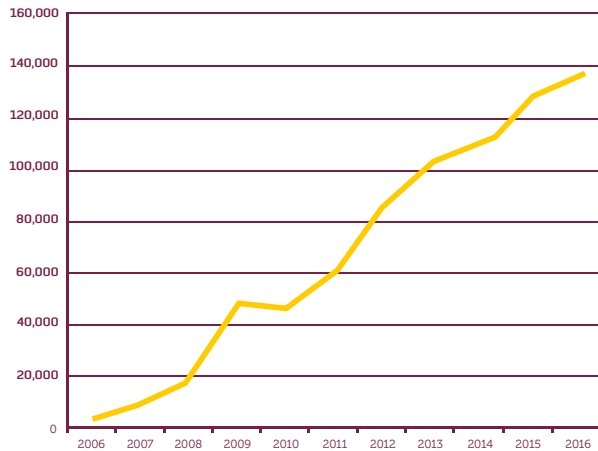
Team members and supporters of MOST at an audience with His Holiness the Dalai Lama.

PROJECTS OF DEVELOPMENT COOPERATION



DEVELOPMENT COOPERATION 2006–2016

TOTAL TRANSMITTED FUNDS 753,466.2 EUR



DEVELOPMENT COOPERATION 2016

TOTAL AMOUNT 137,730.4 EUR

<u>Sponsorship</u>	<u>EUR</u>
Monastic schools Ladakh (Diskit, Thikse)	7,438.9
Monastic schools Spiti (Komik, Ki, Kowang)	26,265.0
SOS Villages – children (THF, TCV)	50,288.7
School Gyalten (Tibet)	6,166.5
Seniors Ladakh	10,567.7
Seniors (THF, Byllakuppe, Chauntra)	13,998.9
Total sponsorship	114,725.7
<u>Projects India, Tibet</u>	<u>EUR</u>
School ProTibet	4,777.4
Goat ProTibet	8,555.0
Health care (Wheelchair, Medical care, Wood for winter)	2,152.1
Other projects (workshops, Pin, etc.)	7,520.2
Projects total	23,004.7
TOTAL AMOUNT	137,730.4

THF = Tibetan Homes Foundation

TCV = Tibetan Children's Village



SPONSORSHIP PROTIBET – CHILDREN



Total amount 90,159.1 EUR

451 monks, nuns and children

The objective of our project is to improve the basic living conditions and to provide a quality education for Tibetan children, monks and nuns. Altogether, we support children in eight grammar and monastic schools in the Northern India and Tibet.

In schools of Tibetan Homes Foundation (India), Tibetan Children's Village (India) and Gyalten (Tibet), **237** children are being educated.

214 monks and nuns from Ladakh and Spiti study Buddhist philosophy and other traditional and also modern subjects.

"I've got another letter from sponsored monk Tenzin. He writes about his good study result and also that he likes football. It's perfect to have somebody who appreciate us, no matter distance, culture or language." Pavel (In August 2016, he met monk Tenzin sponsored by him.)



January

In January we met our supporters in Prague and in Brno.
And what they could expect during the year?

- Events in the Czech Republic
- Photographs of children and seniors
- An opportunity to attend our projects in India
- Letters from supported individuals





SPONSORSHIP – SENIORS



Total amount 24,566.6 EUR

107 Elderly Tibetans

The stories of those Tibetan people we support are similar in many ways. In their youth, they fled from Tibet to the exile in India and now, at the advanced age, they are not able to take care of themselves.

"After the escape, my first destination was a small town of Menchuka. Here I served in an Indian army for a while. After the army service I moved again, this time to the very North of India, to the Himalayan Ladakh. I made my living as a road builder. Here I met my wife Kungsang Dolma. After our marriage, we moved to the region of Byllakuppe in the Southern India and we worked in agriculture."
(Phuntsok – on the picture)

We take care of seniors in exile villages of Ladakh, homes for elderly people in Mussorie and Rajpur (Tibetan Homes Foundation) and last, but not least, in homes in Byllakuppe and Chauntra (Central Tibetan Administration).

Daily schedule of seniors in Chauntra

5 am	waking up, a morning tea and a walk
6 am	meditation
7 am	a breakfast and a tea
morning	free time
1 pm	lunch
afternoon	garden, walks and meditations
6 pm	dinner
evening	community talks, activities

March

Every year, March is the month of our Festival ProTibet. During events covered by Festival, we inform about the Tibetan situation and issues and we introduce Tibetan culture. In 2016, the main topic for our festival were elderly people and after the festival, more than 3,701 EUR left to India for Tibetan grandmothers and grandfathers. Also, we started co-operation with the home for elderly people Chauntra.





SCHOOL PROTIBET



Total amount 4,777.4 EUR

Four schools

Project for support in education and for provision of school aids and equipment needed at the Himalayan schools.



Nunnery school Kowang (Kaza, Spiti)

- India/Himallayas
- School for nuns
- 20 students
- March, first major exams
- 4 months of English classes



Winter school for nomad children (Ladakh)

- India/Himalayas
- Children from villages of Sumdho, Nyoma, Henle
- Providing of education in winter
- Local teachers



School Demul (Spiti Valley)

- India/Himalayas
- 23 children
- 5 classes
- Get accreditation of the Indian Ministry of Education
- Second class ready for students



School Gyalten (Kardze)

- Tibet
- Children from poor families
- More than 300 students
- Reconstruction of dormitories

June

Our supporters decided to help through sport activities as well. They participated in Run ProTibet, yoga classes, games and competitions to support our project Wheelchair and medical help for Tibetans.





GOAT PROTIBET



Total amount 8,555 EUR

120 goats

In 2016, we gave **120 goats** to 12 families from the village of Henle and we bought fodder for winter. Thanks to the cattle the nomads have enough food for their families.

Which families were chosen?

"Mr Tsering takes care of his 12-members family. He has 9 children and he wants all of them to attend a school. He also takes care of his 86-years old mother who cannot walk."

"Mr Tsedup is 64-years old and looks after another 3 members of his family. His wife died from TBC and his daughter suffers from hepatitis B. Until now, he hasn't got almost any cattle."

"Ms Dolma is 50-years old and because she's got almost no cattle, she works on roads to be able to support her son."



Mr Tsedup

The summer months are spent in India. We find out news to our projects, make photographs of children and seniors enlisted in our Sponsorship, we meet with representatives of institutions, choose products to our e-shop, we film a spot and a documentary about nuns. Also this is the beginning of our sponsorship of nuns from Pin Valley. The financial support will help them to buy fuel wood for winter.

August





HEALTH CARE



Total amount 2,152.1 EUR

Medical aid, prevention, log wood

Wheelchair ProTibet

Thanks to our project "Wheelchair" we provided **5 wheelchairs, 4 pairs of walking sticks, 3 toilet chairs and 2 walking frames**. Medical aid will help to the people in the Tibetan exile villages in Ladakh in their common lives.

Doctors ProTibet

Project focused on illness prevention. In 2016 we contributed to vaccinations against hepatitis B. At this moment this disease is a serious problem in Spiti Valley and Sapan Foundation is our partner in project realisation there.

Log wood for winter

During the freezing Ladakh winter, 17 households were comfortably heated. The most needed elderly people from the exile dormitories in Ladakh were given log wood for winter. The average age of the supported is 78,5.



A video supporting our project
"It burns and makes heat"

In October, HH 14th Dalai Lama visited the Czech Republic. We have the chance to attend his talk and the audience. At this opportunity, we open the exhibition The Daughters of Buddha in the Czech National Gallery with the objective to support nuns in the Himalayas.

October







WHAT DO WE DO IN THE CZECH REPUBLIC?

Festival ProTibet 2016

- **40 towns and cities**
- Film projections, exhibitions, public talks
- A foreign guest: Thubten Wangchen (a member of the CTA)
- An exhibition Flames in the Silence (Pablo Nubiola Muck)
- Beneficial performance of Hrdý Budžes
- App. **5,000 visitors**

Events and talks

- **2 meetings** with our supporters in Prague and in Brno
- We attended **17 festivals** and took part in **2 Christmas markets**
- We prepared talks for **600 students**
- We organised **8 exhibitions**

The Daughters of Buddha exhibition

- The National Gallery in Prague, starting on 28th October
- Photographer Olivier Adam
- Support for education of nuns
- Patronage of His Holiness the Dalai Lama, Forum 2000
- **4,394 visitors**

E-shop ProTibet

- e-shop with Tibetan products
- support of local producers and manufacturers
- **94 new products**
- **6 types** of gift certificates



We launched our new blog (blog.protibet.cz). We bring more information about the current situation, culture and interesting issues. In our first articles, we inform about The Daughters of Buddha exhibition and about a stay of our volunteer Alena in the Spiti Valley, India.

November





PROTIBET CLUB

ProTibet Club

- Long-term support
- Any amount possible (e. g. CZK 100 per month)
- The most important and urgent projects

How were 2016 donations used?

1/3 Tibet, 1/3 India, 1/3 Czech Republic



1,431 EUR for school Gyalten, Tibet. At this school, a canteen and a sewerage are currently under a reconstruction. The next step planned is to provide heating in the classrooms.



1,431 EUR. It's become a tradition that funds collected through Club help us to run activities connected with promoting the Tibetan culture in the Czech Republic, especially Festival ProTibet.



Total amount 4,293 EUR

1,431 EUR in cooperation with Central Tibetan Administration for developing projects focused on health, specifically on medical aids for elderly people and preventive vaccinations of children.



In December we launched our campaign "It burns and makes heat". People could buy our gift certificate Log wood for winter as a Christmas gift and support Tibetan seniors in Ladakh.

December





PEOPLE

Audience

In October 2016 His Holiness the Dalai Lama visited the Czech Republic. We got the opportunity to attend not only his public talk, but also the audience for non profit organisations.

Volunteers

During the year, volunteers help us with the organizing of ProTibet Festival and also with many other activities. One of them even stayed in India for 6 months and taught English in a nunnery school.

Filming in the Himalayas

During our stay in the Himalayas, apart from our common work, we took part in an unusual activity – with Jan Látal, we filmed a spot and a documentary about nuns.

People in the Himalayas

During the summer months, 6 supporters visited the Spiti Valley in the Himalayas. Apart from other places, the ladies visited localities which we support: Kowang nunnery, Ki monastery and Demul village.

Walk for Help

A group of travellers decided to make a trip to the Himalayas. They trekked through Ladakh and Spiti. This journey was dedicated to a great purpose. They decided to use the proceed as a support to the education of children in Demul village.

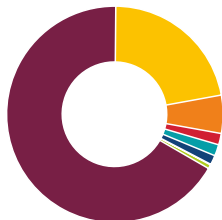
Cooperation

We are happy to meet a lot of interesting people during the year, in the Czech Republic as well as abroad. We thank to all our partners and to other non governmental organisations for their cooperation.

What do we expect in 2017?

In 2017, our activities will be focused on female education – especially nuns – in the Himalayas. During the ProTibet a sand mandala will be spread. A journey to the locations of our interest is planned and first of all, we want to continue in developing our projects.

FINANCIAL REPORT



Own activities 22 %
 State budget CZ 5.7 %
 Labour office subsidies 1.7 %
 Company donors 1.7 %
 Foundations 1.4 %
 Local budgets CZ 0.1 %
 Individual donors 67.4 %

Revenues by source categories in 2016

Group of finan. resources	EUR
State budget CZ	14,433.8
Local budgets CZ	370.0
Labour office subsidies	4,404.1
Individual donors	169,839.1
Company donors	4,413.8
Foundations	3,701.0
Own activities	55,374.6
Total	252,536.4

All amounts in EURO were converted from CZK according to the rate of the Czech National Bank from 30th December 2016.

Balance sheet (balance) 31. 12th 2016 (in thou. EUR)

Assets	As. of the 1 st day of the acc. period	As. of the last day of the acc. period
A. Fixed assets	1.63	1.22
I. Intangible assets	0.41	0.24
II. Tangible fixed assets	10.84	8.99
III. Long-term financial assets	-	-
IV. Depreciation of fixed assets	-9.62	-8.11
B. Total current assets	86.66	100.82
I. Total inventories	32.16	32.27
II. Total receivables	5.81	4.44
III. Short-term investments	47.36	61.73
IV. Other assets	1.33	2.38
Total assets	88.29	102.04
Liabilities		
A. Custom resources total	81.80	94.56
I. Total equity	74.82	87.08
II. Total profit	7.00	7.48
B. Liabilities	6.49	7.48
I. Total reserves	-	-
II. Long-term liabilities	-	-
III. Total current liabilities	5.59	6.40
IV. Total other liabilities	0.90	1.08
Total liabilities	88.29	102.04

The "Total equity" is 87096.2 EUR. This item consists of the equity in the amount of 29,767.01 EUR and from the funds in the amount of 57,329.16 EUR. Funds consist of donations within the projects Sponsorship, Goat ProTibet and School ProTibet and another one-off gifts in the amount of 40,507.06 EUR are going to be transferred to India and Tibet in 2017 and also from the amount of 16,822.1 from donations to operation organization (which will be used to cover the costs of the main activities in the coming years).

Profit and loss account 31. 12th 2016 (in thou. EUR)

Name indicators	costs	Name indicators	revenue
Consumed purchases and services	53.52	Total operating subsidies	14.80
Personal costs	40.12	Total contributions received	5.26
Taxes, fees	0.41	Sales of own goods and services	54.40
Other expenses	3.52	Other income	31.13
Sold assets	0.41	Sales of asset depreciation	-
Granted posts	0.15		
Total expenses	98.11	Total revenues	105.59

Economic results

The entity recorded a profit of 7,474.7 EUR for the period of 2016, of which the principal activity loss of 13,996.7 EUR and from economic activities a profit of 21,471.4 EUR. Profit from economic activities was used to cover the loss from principal activity.

Profit from public funds	14,803.8 EUR
Czech Development Agency	14,433.8 EUR
Ostrava City – UMOB	370.0 EUR

SPECIAL THANKS TO

Institutions, organisations and companies: Czech Development Agency and Ministry of the Foreign Affairs Czech Republic, Statutární město Ostrava – MOaP, Forum 2000, Antiquarian bookshop Fiducia, Centrum Gotama, CK Kudrna, Czech Fundraising Centre, Český rozhlas Olomouc and Ostrava, Elektrophony, spol. s r. o., FoRS, GIVT, gnosis9.net, Grund a. s., Gymnázium Chotéboř, Hedvábná stezka, Hotel Radun, Infocentrum Teplice n. Metují, International Mountaneer festival, Moravské divadlo Olomouc, Mystic Temple, Verzone Publishing Company, NF Pomozme dětem žít lépe, OC Arkády Pankrác, Portaflex s. r. o., Potala, o. p. s., Association Taši Delek, Club Lungta, Tibet Open House, Printing company Properus, Printer Pavel Smílek, Ultra Premium Brands, Úřad práce ČR, V-FARMA, s. r. o., Život na cestách, Embassy of Czech Republic, New Dehli, Embassy of India, Prague, Representatives of the Government of Tibet in exile, Olivier Adam.

Thanks to all cities, organisations and institutions that participated in Festival ProTibet, and also to all of those who performed, helped and attended.

To all cafés and tearooms that joined Café ProTibet.

To organisers of all events that we had a chance to participate in.

To all schools that joined our educational programmes.

We thank for the photographs provided:

Photo © Richard Slaba | <http://www.richardslaba.com>

Photo © Martin Matěj | <https://www.stocksy.com/inspirawtion>

Photo © Olivier Adam | The Daughters of Buddha

Photo © MOST, o. p. s., Václav Malinský, Milan Špak

To our supporters from culture, business and public sector:

Nela Boudová with family, Bára Hrzánová, Jiří Grund, Eva and Radim Chytkovi, Radan and Alice Kučovi, Karel Nešpor, Naděžda Krátká, Kateřina Bursiková-Jacques and Martin Bursík, Lenka Jasanská, Martin Cabejšek, Jan Haruda, Michal Jaroš, Martin Králíček, Vladimír Polák, Miroslav Pošta, Martin Pustelník, Alena Sroková, Jiří Šiler, Jana Šmídová, Veronika Těšická.

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We also thank to another hundreds of donors and supporters that unfortunately can't all be named here. Their support is crucial for running all our projects.

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